



Consent for Vaginal Submucosal/Suburethral and Clitoral Injection of Platelet Rich Plasma (PRP) [OShot®] and Administration of Anesthesia

PROCEDURE DESCRIPTION

The OShot is an innovative new procedure that utilizes the power of your very own growth factors to stimulate stem cells. This application of regenerative medicine stimulates new cell growth and differentiation in the clitoral and anterior vaginal tissue. It has been shown to be an effective treatment for urinary incontinence, as well as improving sexual sensitivity and sexual relations in many patients. In the procedure, first a powerful anesthetic agent (a combination of bupivacaine, tetracaine, and lidocaine) is applied topically to the clitoral area, and less than one inch into the anterior vaginal wall. As the anesthetic takes effect, a small amount of your blood (usually less than 10 cc) is drawn, and then spun down in a special centrifuge. This spinning process separates the red blood cells from the platelet rich plasma (PRP). The PRP will then be injected into the clitoris and less than one inch into the anterior vaginal wall.

CONSENT FOR PROCEDURE [O-Shot®]

I have received information about my condition, the proposed treatment, alternatives, and related risks. This form contains a brief summary of this information. I have received an explanation of any unfamiliar terms and have been offered the opportunity to ask questions. I understand I may refuse consent and I GIVE MY INFORMED AND VOLUNTARY CONSENT to the proposed procedures and the other matters shown below. I also consent to the performance of any additional procedures determined in the course of a procedure to be in my best interests and where delay might impair my health.

1. I authorize Dr. Rebecca Greco and the appropriately trained staff of Physician's Ageless Solutions to treat my condition, including performing further diagnosis and the procedures described below, and taking any needed photographs.

2. I understand the proposed procedure(s) to be: vaginal submucosal/suburethral and clitoral PRP (platelet rich plasma) Injections, also known as The Orgasm Shot®/The O Shot®

3. I understand the risks associated with the proposed procedure(s) to be:

- Bleeding
- Infections
- Urinary retention
- No effect at all
- Allergic reactions
- Constant awareness of the G-Spot
- A sensation of always being sexually aroused
- Constant vaginal wetness
- Mental preoccupation of the G-Spot
- Alteration of the function of the G-Spot
- Sexual function alteration
- Hematoma
- Urethral injury (tube you urinate through)
- Urinary retention
- Hematuria (blood in urine)
- UTI (Urinary Tract Infection)
- Urinary Urgency (feel like you always have to urinate)
- Urinary Frequency
- Increased/worsening nocturia (waking up several times at night to urinate)
- Change in urinary stream

Urethral vaginal fistula (hole between urethra and vagina)
 Vesico-vaginal fistula (hole between bladder and vagina)
 Dyspareunia (Painful intercourse)
 Need for subsequent surgery
 Alteration of vaginal sensations
 Scar formation (vaginal)
 Urethral stricture (abnormal narrowing of the urethra)
 Local tissue infarction and necrosis
 Yeast infections
 Vaginal Discharges
 Spotting between periods
 Bladder Pains
 Overactive Bladder (OAB)
 Bladder Fullness
 Exposed Material
 Pelvic Pains
 Pelvic Heaviness
 Erosions
 Fatigue
 Damage to nearby organs including bladder, urethra and ureters
 Alteration of bladder dynamics
 Post-operative pain
 Prolonged pain
 Intractable pain
 Alteration of the female sexual response cycle
 Failed procedure
 Varied results
 Psychological alterations
 Relationship problems
 Sex life alteration
 Decreased sexual function
 Possible hospitalization for treatment of complications
 Lidocaine toxicity
 Anesthesia reaction
 Embolism
 Depression
 Reactions to medications including anaphylaxis
 Nerve damage
 Permanent numbness
 Slow healing
 Swelling
 Sexual dysfunction
 Allergy
 Nodule formation

4. I also understand that there may be other RISKS OR COMPLICATIONS, OR SERIOUS INJURY from both known and unknown causes. I am aware that the practice of medicine and surgery is not an exact science and I acknowledge that no guarantees have been made to me concerning the risks of the procedure.

5. I understand that the use of PRP in this procedure is an 'off label' use, and no promise or representation, guarantee or warranty regarding its use, benefit or other quality is made. No representations that the use of this product and this procedure is approved by the FDA or any other agency of the federal or state government is made. I understand the alternatives to the proposed procedures and the related risks to be: do nothing.

CONSENT FOR ANESTHESIA

I consent to the administration of such local anesthetics as may be considered necessary by the physician in charge of my care. I understand that the risks of local anesthesia include: local discomfort, swelling, bruising, allergic reactions to medications, and seizures from lidocaine.

PATIENT CERTIFICATION:

By signing below I state that I am 18 years of age or older, or otherwise authorized to consent. I have read or have had explained to me the contents of this form. I understand the information on this form and give my consent to what is described above and to what has been explained to me.

_____/_____
SIGNATURE OF PATIENT and DATE

PRINTED NAME OF PATIENT

PHYSICIAN ATTESTATION

I have explained the procedure(s), alternative(s) and risks to the person or persons whose signature is affixed above. The patient has verbally communicated to me that they understand the contents of this form.

_____/_____
SIGNATURE OF PHYSICIAN OR DESIGNEE OBTAINING CONSENT and DATE

PRINTED NAME OF PHYSICIAN